

# HANOI -> YUANYANG

25 DEC 2009 – 2 JAN 2010



## Content Outline

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Important Dates

<b>Date</b>	<b>Description</b>
30 June 2009	This Vietnam trip was inspired by AhPao during a dinner with Vynce. Then, Khmers and Teong were contacted to form travel mates.
4 Sep 2009	MAS ticket booked for Pao, Soon and Vynce.
25 Sep 2009	Kok joined the trip. Teong ffk.
Sep – Dec 2009	Accomodation, transport booking process with emails flying around. Also Visa application for entering PRC.
25 Dec 2009	Depart to HN
2 Jan 2009	Arrive at KLIA

Revised Travel Itinerary

<p><b>Day 1 (25 Dec): Hanoi</b></p> <p><b>Flight:</b> Malaysia Airlines MH752      <b>Aircraft:</b> Boeing 737-400  <b>Depart:</b> Fri, 25 Dec, 10:45      <b>Arrive:</b> Fri, 25 Dec, 13:10</p> <p><b>Afternoon</b> 13:15 – arrive at Noi Bai International Airport, 35km to Hanoi  15:00 – walk to Temple of Literature, site of the oldest university in Vietnam đ10,000  17:00 – walk to Ba Dinh Sq – <b>Ho Chi Minh's Mausoleum</b> – spend your time and dinner around West Lake and Truc Bach Lake</p> <p><b>Night</b> 21:15 – water puppetry đ20,000-40,000  Sleep at Especen Hotel</p> <p><b>sleep &amp; eat</b>      <b>fees</b>      <b>go</b></p> <ul style="list-style-type: none"> <li>• ≤ \$25 per room      • ≤ đ50,000      • From airport – taxi \$14-18; shuttle bus \$2; bus đ5000</li> <li>• &lt; đ80,000</li> </ul>		
<p><b>Day 2 (26 Dec): Ninh Binh – Hanoi</b></p> <p><b>Morning</b> 06:30 – <b>St. Joseph Cathedral</b>  08:00 – daily tour to Tam Coc &amp; Hoa Lu (100km) <b>OR</b> Perfume Pagoda (75km)</p> <p><b>Afternoon</b> tour arrangement</p> <p><b>Night</b> 21:00 – train to Lao Cai, 340km from Hanoi (8½-10 hours)  Sleep in SP3</p> <p><b>sleep &amp; eat</b>      <b>fees</b>      <b>go</b></p> <ul style="list-style-type: none"> <li>• &lt; đ80,000      • ≤ \$30 tour      • Train – \$12 (local) -30 (private)</li> </ul>		
<p><b>Day 3 (27 Dec): Lao Cai – Hekou – Yuanyang</b></p> <p><b>Morning</b> 08:00 – border crossing into 河口, China, 3km from train station (toll đ10,000; motorbike journey đ10,000) – <b>stroll around the town of 河口</b>  09:45 – bus to 元阳 Y37 (4-6 hours)</p> <p><b>Afternoon</b> 17:00 – hike along rice terrace paths and sunset at 龙树坝 (5km) (40 minutes by foot from 新街, Old Yuanyang)</p> <p><b>Night</b> free &amp; easy <b>OR 哈尼族 performance show</b>  Sleep at 陳家 or others (walk in)</p> <p><b>sleep &amp; eat</b>      <b>fees</b>      <b>go</b></p> <ul style="list-style-type: none"> <li>• ≤ Y60 per room      • Negligible      • Border crossing đ20,000</li> <li>• &lt; Y50      • Bus Y37</li> </ul>		

While in Hanoi, avoid scam-havens like **Thien Tan Hotel, Old Street Hotel, Ocean Star Hotel** and **Hanoi Plaza Hotel**.

<p><b>Day 4 (28 Dec): Yuanyang</b></p> <p><b>Morning</b> 06:30 – sunrise at 多依树 (27km) – 胜村 ethnic minority market (20km)</p> <p><b>Afternoon</b> 13:00 – 箐口哈尼族民俗村 (ethnic minority villages + mushroom houses; 6km) – hike along rice terrace paths – sunset at 坝达 (16km) <b>OR / AND</b> 老虎嘴 (≈18km) (travel by minibus or 6-seat van Y200/day)</p> <p><b>Night</b> free &amp; easy <b>OR</b> 哈尼族 performance show Sleep at 陳家 or others (walk in)</p>		
<p><b>sleep &amp; eat</b></p> <ul style="list-style-type: none"> <li>• ≤ Y60 per room</li> <li>• &lt; Y50</li> </ul>	<p><b>fees</b></p> <ul style="list-style-type: none"> <li>• Y15 箐口民俗村</li> </ul>	<p><b>go</b></p> <ul style="list-style-type: none"> <li>• Around Yuanyang ≤ Y200</li> </ul>
<p><b>Day 5 (29 Dec): Yuanyang – Hekou – Lao Cai – Sapa</b></p> <p><b>Morning</b> 06:30 – sunrise at 箐口 – bus to 河口</p> <p><b>Afternoon</b> 13:00 – border crossing into Lao Cai – minibus to Sapa, 38km from Lao Cai đ25,000-\$3 (1-1½ hours)</p> <p>15:30 – motorbike journey to Thac Bac (Silver Falls; 14km) – Tram Ton Pass (Heaven Gate; 18km)</p> <p>16:30 – walk to Ham Rong Mountain đ30,000 + orchid garden + ethnic minority dance performance show</p> <p><b>Night</b> free &amp; easy Sleep at CatCat View Hotel</p>		
<p><b>sleep &amp; eat</b></p> <ul style="list-style-type: none"> <li>• &lt; \$25 per room</li> <li>• &lt; đ100,000</li> </ul>	<p><b>fees</b></p> <ul style="list-style-type: none"> <li>• ≤ đ30,000</li> </ul>	<p><b>go</b></p> <ul style="list-style-type: none"> <li>• Border crossing đ20,000</li> <li>• Bus Y37 + minibus \$3</li> <li>• Motorbike &lt; \$10</li> </ul>
<p><b>Day 6 (30 Dec): Sapa – Lao Cai – Hanoi</b></p> <p><b>Morning</b> 08:00 – walk around the town – Sapa Market – Sapa Church 09:00 – half-day trek <b>OR</b> one-day trek (e.g. to Cat Cat – Sin Chai – Y Linh Ho – Lao Chai – Ta Van)</p> <p><b>Afternoon</b> free &amp; easy</p> <p><b>Night</b> 19:00 – minibus to Lao Cai – train to Hanoi Sleep in SP3?</p>		
<p><b>sleep &amp; eat</b></p> <ul style="list-style-type: none"> <li>• &lt; đ80,000</li> </ul>	<p><b>fees</b></p> <ul style="list-style-type: none"> <li>• &lt; \$30 trek</li> </ul>	<p><b>go</b></p> <ul style="list-style-type: none"> <li>• Minibus \$3</li> <li>• Train – \$12 (local) -30 (private)</li> </ul>

<p><b>Day 7 (31 Dec): Halong Bay</b></p> <p><b>Morning</b> 06:00 – stroll around Hoan Kiem Lake 08:00 – 2 days 1 night tour to Halong Bay</p> <p><b>Afternoon</b> tour arrangement</p> <p><b>Night</b> tour arrangement Sleep in junk</p>		
<p><b>sleep &amp; eat</b></p> <ul style="list-style-type: none"> <li>• &lt; đ50,000</li> </ul>	<p><b>fees</b></p> <ul style="list-style-type: none"> <li>• \$50-75 tour + surcharge</li> </ul>	<p><b>go</b></p> <ul style="list-style-type: none"> <li>• Inclusive</li> </ul>
<p><b>Day 8 (1 Jan): Halong Bay – Hanoi</b></p> <p><b>Morning</b> tour arrangement</p> <p><b>Afternoon</b> tour arrangement 17:00 – check-in a hotel to freshen up 18:30 – walk to Hoan Kiem Lake – Ngoc Son Temple đ2000 – Martyrs' Monument</p> <p><b>Night</b> 19:30 – dinner at Cha Ca La Vong – shop around Old Quarter – Dong Xuan Market Sleep at DucThai Hotel</p>		
<p><b>sleep &amp; eat</b></p> <ul style="list-style-type: none"> <li>• &lt; \$25 per room</li> <li>• &lt; đ120,000</li> </ul>	<p><b>fees</b></p> <ul style="list-style-type: none"> <li>• Negligible</li> </ul>	<p><b>go</b></p> <ul style="list-style-type: none"> <li>• Inclusive</li> </ul>
<p><b>Day 9 (2 Jan): Hanoi</b></p> <p><b>Flight:</b> Malaysia Airlines MH753      <b>Aircraft:</b> Boeing 737-800 <b>Depart:</b> Sat, 02 Jan, 14:10      <b>Arrive:</b> Sat, 02 Jan, 18:40</p> <p><b>Morning</b> 08:00 – walk to Ho Chi Minh Museum đ10,000 – One Pillar Pagoda – Ho Chi Minh's Stilt House đ15,000 – Presidential Palace đ5000 11:30 – taxi to Noi Bai International Airport</p> <p><b>Afternoon</b> 18:45 – arrive at KLIA</p>		
<p><b>sleep &amp; eat</b></p> <ul style="list-style-type: none"> <li>• &lt; đ100,000</li> </ul>	<p><b>fees</b></p> <ul style="list-style-type: none"> <li>• ≤ đ40,000</li> <li>• \$14 departure tax</li> </ul>	<p><b>go</b></p> <ul style="list-style-type: none"> <li>• Possible bus or taxi trips – bus đ3500; taxi ≤ đ50,000</li> <li>• To airport – taxi \$14-18</li> </ul>

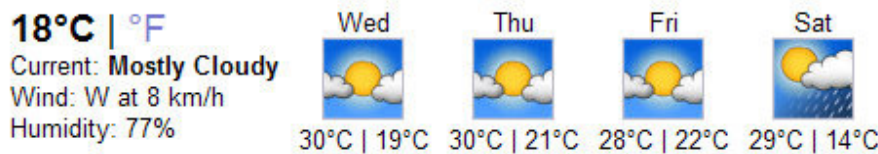
Budget

Total Expenses (9 days 8 nights)		
<b>sleep &amp; eat</b>	<b>fees</b>	<b>go</b>
<ul style="list-style-type: none"> <li>&lt; \$40/person (sleep in Vietnam)</li> <li>&lt; Y60/person (sleep in China)</li> <li>&lt; đ500,000 (eat in Vietnam)</li> <li>&lt; Y100 (eat in China)</li> </ul>	<ul style="list-style-type: none"> <li>&lt; đ120,000 + Y15 (fees)</li> <li>&lt; \$140 (tours)</li> <li>\$14 departure tax</li> </ul>	<ul style="list-style-type: none"> <li>&lt; \$10/person (to/from airport)</li> <li>\$24-60 (train)</li> <li>&lt; Y150/person (go in China)</li> <li>&lt; \$15/person (go in Vietnam)</li> </ul>
<b>\$100 (RM350)</b>	<b>\$160 (RM560)</b>	<b>\$105 (RM360)</b>

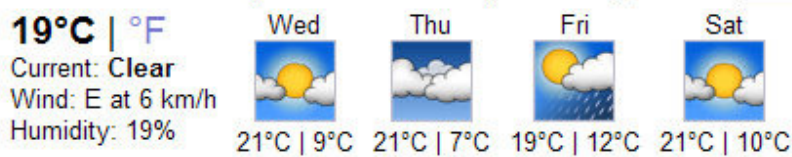
**USD:** around \$250-300  
**VND:** around 1 million dong  
**RMB:** around Y300-400

Weather

**Weather for Hanoi, Vietnam** - [Add to iGoogle](#)



**Weather for Honghe Hanizu Yizu, Yunnan, China** - [Add to iGoogle](#)



Things to bring

No.	Items	Quantity
	<b>Clothes</b>	
1.	Big backpack (luggage use, advisably not to use troli bag as no enough space in car)	
2.	Small backpack (for daily use)	
3.	A good pair of walking / trekking shoe	
4.	Sandals / Slippers x 1 pair	
5.	Daily T-shirts	
6.	Warm clothes (Long john)	
7.	Wind Breaker / Raincoat	
8.	Long Pants / Track Bottom	
9.	Short pants	
10.	Stockings	
11.	Gloves	
12.	Sunglasses	
13.	Cap	
	<b>Electronic device</b>	
1.	Camera / Videocam + charger + tripod	
2.	Handphone + charger	
3.	Torchlight (with string attach) / headlamp + Spare Batteries	
4.	Handy Umbrella (optional)	
5.	Batteries + charger (optional)	
6.	Portable hard disk (optional)	

	<b>Toiletries</b>	
1.	Shampoo, shower gel, toothpaste, toothbrush, lotion.	
2.	Tissue / Toilet Papers (optional)	
	<b>Snacks/leisure</b>	
1.	Chocolates / Energy Bars / Snacks (optional, can buy at local)	
2.	Playing cards (optional)	
	<b>Identity Documents</b>	
1.	myKad, driving license	
2.	Passport, Visa	
	<b>Medicine / First aid</b>	
1.	Panadol	
2.	PouJai Yun	
3.	Handy plaster	
4.	Insects repeller	
	<b>Cash</b>	
1.	USD 400	
2.	RMB 300	
3.	VD 1mil	



Appendixes

元阳陈家旅社

- \* 联系人: 陈
- \* 联系地址: 云南省红河州元阳县新街镇老汽车站旁
- \* 邮 编: 670000
- \* 联系电话: 0873-5622343
- \* 传 真: 0873-5622343
- \* 企业网址: <http://yuanyangchenjia.auyou.com>
- \* 电子邮件: [auyouzg@hotmail.com](mailto:auyouzg@hotmail.com)

**REMARKS: no reply via online booking, we just walked-in.**

Cat Cat View Hotel: Availability & Booking & Train Station Pick - up  
Pick up will be provided by hotel at USD\$2 per person.

046 Fan Xi Pang  
Sa Pa  
Vietnam

Tel: + 84 (0) 20 871946 / 871601  
Fax: + 44 (0) 20 871133  
Email: [catcatht@hn.vnn.vn](mailto:catcatht@hn.vnn.vn)  
[www.catcathotel.com](http://www.catcathotel.com)

**REMARKS: you can book any trekking tour at the hotel reception.**

Yes, we can.

Tourism train ticket from Hanoi to Lao Cai & back as your scheduled with air-conditioned soft sleeper quart sharing cabin in wooden decorated will be \$65/pax \* 4 adults = \$260.  
Please reply to confirm!

Regard,  
Especen hotel

ESPECEN HOTEL - Your home in Hanoi  
28 Tho Xuong & 41 Ngo Huyen street, Hoan Kiem district, Hanoi, Vietnam  
Tel: +84 (4) 3824 4401 - 3938 0200 Fax: +84 (4) 3825 9460  
<http://www.especen.vn> - [especen@gmail.com](mailto:especen@gmail.com)

*ESPECEN HOTEL REGULATIONS*

- *Please, show us your visa and passport at the reception desk before getting the room.*

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- *Pets, fire-arms, explosives, inflammables and stinking things are not allowed in our hotel.*
- *Please leave all valuables, money in the safe at reception desk & not in your room or carry with you at all times. We are not responsible for anything lost or stolen.*
- *When you go out, please turn off all of electric equipments inside, close windows, lock your room and leave the key at the reception desk.*
- *If there is something wrong in your room, please inform the receptionist immediately. In case it is damaged by the guest, we would like to take compensation for the damages.*
- *You are requested not to cook or to launder in your rooms. We provide laundry services at fixed price.*
- *Kindly inform the reception desk at least one day before your departure. Room should be vacated before noon (12:00).*

**REMARKS: we booked the perfume pagoda tour at the hotel reception.**

Hotels-in-Vietnam.com Reservation Service

Hanoi Offices: 24-26 Bat Su street, Hoan Kiem dist. - Hanoi - Vietnam,

Tel: +84 (4) 39230898 / 39232982 / 39233278 - Fax: +84 (4) 38243886 / 39233280

Email: [ticket@hotels-in-vietnam.com](mailto:ticket@hotels-in-vietnam.com) or [res@hotels-in-vietnam.com](mailto:res@hotels-in-vietnam.com)

Website: <http://www.hotels-in-vietnam.com> or <http://www.viet-tourism.com>

**REMARKS: we booked the train tickets from Hanoi to LaoCai via this website.**

Reservations

tobook

T.: +34 95 2054769

T.: +34 95 2054769

F.: +34 (0)95 2051793

Email: [info@tobook.com](mailto:info@tobook.com)

<http://www.tobook.com>

**REMARKS: we booked Duc Thai Hotel via this website.**

**MHinsure Contact Information**

Sales Helpline (Office Hour: Mon-Fri, 8:00 – 17:30)

Phone: +(60) 3 6207 4114

Toll-Free: 1800 806 376 (within Malaysia)

Email: [MHinsure-sales@mondial-assistance.com.my](mailto:MHinsure-sales@mondial-assistance.com.my)

24 Hour Claim Helpline

Phone: +(60) 3 6207 4115 (reverse charge call from overseas)

Toll-Free: 1800 806 377 (within Malaysia)

Email: [MHinsure-claims@mondial-assistance.com.my](mailto:MHinsure-claims@mondial-assistance.com.my)

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